

VIDEO

Dr. Fran Grace - Redlands Forum on "Happiness" with What Makes You Happy? Get a Glimpse into the Science behind the Heart and Soul. Lecture on April 8, 2013, Esri Conference Center, Redlands, CA. ESRI Video <http://www.esri.com/events/redlands-forum/past-events>

Louis Komjathy, Ph.D., offers a session on Daoist "Quiet Sitting and Self-Massage" meditation practices in the Meditation Room at the University of Redlands, CA, February 6, 2013. <http://vimeo.com/59304511>

Dr. Karen Derris, Virginia C. Hunsaker Distinguished Teaching Chair Professor, Department of Religious Studies at the University of Redlands. "Who is the Karmapa?" <http://www.redlands.edu/news/15582.aspx>

Dr. Fran Grace, founding director of [Inner Pathway](#), as well as Professor of Religious Studies and Steward of the Meditation Room at the University of Redland on "Meditation in the Classroom" <http://www.redlands.edu/news/11284.aspx>