

- ❖ Keep up with your weekly schedule and do your work on time.
  - Use a calendar to keep track of appointments and assignments.
- ❖ Be on time for class.
- ❖ If you are a full-time student, limit the hours that you work. If you work, look for a job on campus.
  - Students who work an average of fifteen hours per week or less are more likely to do well in college.
- ❖ Improve your study habits.
  - Find the most effective methods for reading, listening, taking notes, studying, and using information resources.
- ❖ Use the Academic Success Center, Armacost Library, and office of Professional Development.
- ❖ Learn to think critically.
- ❖ Strive to improve your writing and speaking.
- ❖ Speak up in class.
  - Research shows the more engaged in class you are, the more you will learn.
- ❖ Learn from criticism.
- ❖ Study with a group.
- ❖ Become engaged in campus activities.
- ❖ Meet with your instructors out of class.
- ❖ Find an experienced and caring academic advisor.
- ❖ Take your health seriously.
  - How much you sleep, what you eat, whether you exercise, and how well you deal with stress will affect your college success.
- ❖ Have realistic expectations.

Gardner, J.N., Jewler, J.A., & Barefoot, B.O. (2011). *Your College Experience: Strategies for Success*. New York: Bedford/St.Martins.